

# Making Learning Right for You and Meeting Your Personal Goals

## Re-enrolling

As part of our enrolment process you will have an individual informal meeting where we will review your achievements with us here at Remit. We will review your support needs and provide information to help you to select up to 3 courses at the same time with REMIT, and discuss other LASALS classes that may meet your personal goals

## Attendance

To get the most from your courses we encourage learners to attend regularly and to be punctual for the start of the session, especially when attending qualification courses. We do understand however there may be times when you

need to miss a session or take a break from learning due to difficulties with your mental health and it is not a problem to miss the odd week. Ideally we ask learners to let our office, tutor or duty coordinator know if you can't come in. If we have not heard from you for three weeks, we will write out to ask if you are okay, and if you want to come back.

## Additional Support & Childcare

If you feel you would benefit from having extra support in Remit classes, please let us know. We will try to provide extra learning support wherever it is needed. You may also be able to apply for financial help with childcare—please ask.

## Remit Users Group (RUG)

We are a committee made up of Remit learners, like you, who meet once a month and consult with Remit staff about any issues affecting learners – for example, what type of courses are run. Remit Users Group also raises money for activities such as end of term celebrations and the annual summer programme.

New members are always welcome. The committee are here for all Remit learners, irrespective of age, gender, race, religion, sexuality, political beliefs, ability, or any other differences. Look out for our meetings, details will be on the REMIT board at the Leicester Adult Education College, Wellington Street, usually on a Monday morning. See you there!

# Moving On

*We hope that by studying with Remit you are able to meet your individual goals whether that's improving confidence and increasing interaction with others, accessing facilities in your local community to maintain good mental well being, feeling prepared to study at further or higher education or being ready for volunteering or employment. When the time is right to think about moving on we have a range of support and guidance that you might wish to use.*

## Support into Further & Higher Education

Remit is part of Leicester Adult Skills and Learning Service which offers a wealth of courses across the city including recreational, employment and skills for life courses, look out for this logo  or visit [www.lasals.co.uk](http://www.lasals.co.uk) for more information on their courses. We can help you to find out more information about costs, venues and expectations and introduce you to the tutor beforehand if this helps. We also keep a list of Mental Health support contacts at the local Further Education Colleges and Universities and would be happy to help you get in touch with them.

## Volunteering and Employment

The Leicester Adult Education College and the Tudor Centre are home to a Multi Access Centre (MAC), look out for this logo  or visit [www.lasals.co.uk](http://www.lasals.co.uk) There are also MACs in Highfields, New Parks, Northfields, St Mathews, Braunstone and Saffron. Multi Access Centres can help you access training and/or employment opportunities and have specialist disability advisers. They can provide information, advice and guidance on job searches, preparing for interviews, boosting your confidence, training and vocational courses, starting your own business and voluntary work.

Remit learners can try a

 LASALS course for

**FREE\***

For more information  
on the voucher ask at  
enrolment

## Money and Benefits Advice

Learners are often concerned about the financial impact of moving on to new things. There is a specific Welfare Rights Advice Line for people with mental health difficulties which provides telephone advice on benefits to mental health service users and carers. We have referred learners to their service and have found them to be very beneficial in helping learners to access the right benefit, work out how they can claim for permitted work and ensure that they are supported through appeals etc. if needed.

**Contact:** Dennis Stenson

**Telephone:** 0116 225 6222

**Open:** Tuesday – Friday 9.30 – 12.30